

# ARE YOU PREPARED FOR AN EMERGENCY?

*Each month we suggest something you and your family can do to get ready for an emergency.*

## THIS MONTH'S CHALLENGE: EARTHQUAKE PREPAREDNESS

Utah has roughly 700 earthquakes each year, of which an average of six are magnitude 3.0 or greater. No matter where you are, know how to protect yourself and your family during an earthquake.



Practice getting out of your home or business and check to see if the planned exits are clear or if they could become blocked in an earthquake. Practice turning off your electricity and water.

### DURING AN EARTHQUAKE:

- If indoors, stay here. Get under a desk or table or stand in an interior corner.
- If outdoors, get into an open area away from trees, buildings, walls, and power lines.
- If in a high-rise building, stay away from windows and outer walls. Get under a table. Do not use elevators.
- If driving, pull over to the side of the road and stop. Avoid overpasses and power lines. Stay inside your car until the shaking is over.
- If in a crowded public place, do not rush for the doors. Crouch and cover your head and neck with your hands and arms.

*Unless there is an immediate, life-threatening emergency, do not attempt to use the telephone.*

### AFTER A QUAKE:

- Check for gas and water leaks, broken electrical wiring or sewage lines. If there is damage, turn the utility off at the source and immediately report gas leaks to your utility company. Check for downed power lines; warn others to stay away.
- Check your building for cracks and damage, including the roof, chimneys and foundation.
- Turn on your portable radio for instructions and news reports. For your own safety, cooperate fully with public safety officials and follow instructions.
- Do not use your vehicle unless there is an emergency. Keep the streets clear for emergency vehicles.
- Be prepared for aftershocks.
- Stay calm and lend a hand to others.
- If you evacuate, leave a message at your home telling family members and others where you can be found.

**Be Ready Utah**  
can help you set up  
a **personalized**  
**Family Emergency Plan.**

Go to: <http://bereadyutahplan.utah.gov/fep>

**Enter your information and then print off your family plan and cards for each member of your family.**

*(This information is not used or stored permanently. It is only used for your personalized Family Emergency Plan. When you close the browser window, all information will be cleared.)*

### USEFUL INFORMATION IS AVAILABLE AT:

Be Ready Utah (801) 538-3400 <a href="http://www.BeReadyUtah.gov">www.BeReadyUtah.gov</a>	NOAA <a href="http://www.wr.noaa.gov/slc">www.wr.noaa.gov/slc</a>
Citizen Corps (801) 538-8606 <a href="http://citizencorps.utah.gov">http://citizencorps.utah.gov</a>	FEMA Region VIII (303) 235-4800 <a href="http://www.FEMA.gov">www.FEMA.gov</a>
Community Emergency Response Team <a href="http://citizencorps.utah.gov/utah_cert.html">http://citizencorps.utah.gov/utah_cert.html</a>	Ready Campaign <a href="http://www.ready.gov">www.ready.gov</a>
Utah Department of Health (801) 538-6710 <a href="http://health.utah.gov">http://health.utah.gov</a>	State Fire Marshal (801) 284-6350 <a href="http://www.firemarshal.utah.gov">www.firemarshal.utah.gov</a>
SL Valley Health Dept. <a href="http://www.slvhealth.org/programs/EmergencyPreparedness/FamilyEmergPrep.pdf">http://www.slvhealth.org/programs/EmergencyPreparedness/FamilyEmergPrep.pdf</a>	Unified Fire Authority (801) 743-7118 <a href="http://www.unifiedfire.org">www.unifiedfire.org</a>
Utah Department of Public Safety's Division of Homeland Security (801) 538-3400 <a href="http://publicsafety.utah.gov/homelandsecurity">http://publicsafety.utah.gov/homelandsecurity</a>	Questar Gas (800) 323-5517 <a href="http://www.questargas.com">www.questargas.com</a>
Red Cross <a href="http://www.redcross.org">www.redcross.org</a>	Rocky Mountain Power (800) 775-7950 <a href="http://www.rockymtnpower.net">www.rockymtnpower.net</a>
UUSS U. of U. Seismic Stations <a href="http://www.seis.utah.edu">www.seis.utah.edu</a>	Bureau of Land Management (800) 323-5517 <a href="http://www.blm.gov/ut/st/en.html">www.blm.gov/ut/st/en.html</a>
	Chemical Stockpile Emergency Preparedness Program (435) 882-3773 <a href="http://www.tcem.org">www.tcem.org</a>