

South Salt Lake Valley Mosquito Abatement District

Protect Yourself from Mosquitoes

Outdoor summer fun means mosquitoes may be close by. Being bitten can transmit West Nile Virus and other diseases. Symptoms include fever, headache, body aches, rash, swollen glands, neck stiffness, disorientation or convulsions. You can protect yourself and others by:

- Eliminating any standing water on your property.
- Stay indoors whenever possible between dusk and dawn
- When outdoors, wear light colored, loose fitting clothing that covers as much skin as possible.
- Apply repellants containing "Deet" or "Picaridin."
- Repair holes in window and door screens.
- Stock ornamental ponds with mosquito fish (can be obtained free of charge from Mosquito District.)

For more information contact the South SL Valley Mosquito Abatement District at www.sslvmad.org.