

# Taylorsville Senior Center December 2016 Report

385-468-3370

4743 South Plymouth  
View Drive  
Taylorsville, Utah 84129

Monday & Wednesday  
8a.m.-8p.m.

Tuesday, Thursday &  
Friday  
8a.m.-5p.m.

Website:

[www.aging.slco.org](http://www.aging.slco.org)  
<http://www.slco.org/aging-adult-services/taylorsville-senior-center/>

*Aging and Adult Services' mission is to promote the independence of aging generations through advocacy, engagement, and access to resources.*



Taylorsville Senior Center hosted our Annual Health Fair and Walk to Promote Fall Prevention Month on September 22<sup>nd</sup>. The walk began at 9:00 am. We had sponsors donate pedometers, waters, and granola bars. We had 14 individuals participate and complete the One-mile walk around Taylorsville City Park. We were afraid we would get rained out, but luckily the weather held out for us. The Health Fair started at 10:00 am following the walk. There were 25 vendors that had information booths and services. Westminster students were able to do PVD screenings at the same time. We had over 100 seniors come through the event. Sponsors donated great prizes for our lunch time drawing. Seniors loved the event. This was a great way for seniors to gain access to information and services.

Taylorsville Senior Center now has its own Facebook Page! With the ever growing media that is being utilized by the public, this has been a great opportunity to let individuals know who we are. Classes are able to be better highlighted, information from Aging Services is able to be shared, and seniors are being kept up-to-date with events and activities. Make sure to check us out!

<https://www.facebook.com/Taylorsville-Senior-Center-983830078382138/>



# Taylorsville Senior Center Highlights

## Candidates Day

Taylorsville Senior Center participated in Candidates days in the month of September. It turned out really well. There were 12 candidates that came to discuss issues and topics of this year's election. Candidates were able to present to 25 of our seniors at the center. Seniors felt this was a good way for them to be involved and get in the know for the voting year. We look forward to hosting this again in the future.

## Seniors Doing Service:

During September and October, as the weather started to cool down, Taylorsville collected items for the homeless shelter. We encouraged members as they cleaned out their closets or when they were at the store, if they had the ability to get extra gloves, hats, scarves, coats, or other items, that they bring them to the center. By the second week of November we were able to take \$200.00 worth of items for those at the homeless shelter. This has been a great opportunity for the members of the center to come together to give back to the community

## Senior Voices

This is a new program that the county is doing in place of Senior Day at the Legislature. Taylorsville Senior Center was able to host the "Senior Voice Event" for five centers, Taylorsville, Midvale, Magna, Harmon Home, and Kearns. With this being the first year in doing the senior voices, Taylorsville was please with the turn out. Senior were able to hear from Jeremy Hart the Salt Lake County Active Aging Manager, Representative Mike Winder, and Representative James Dunnigan. They spoke on senior initiatives, the legislative processes, discussed concerns of the seniors, and helped the seniors identify who their legislative leaders are and how to contact them.

## Coming in 2017

Taylorsville Senior Center is partnering with Taylorsville Arts Council for a celebration of "Friendship and Love" to be performed in February of 2017. The center wants to invite individuals of all ages who want to perform dances, sing, or read poetry or ballads. Try outs will be held in December. The show will be directed by members of the Taylorsville Art Council. Practice will be held for 6 weeks, then the performance will be February 10th, 11th, and 13th. We are excited for this event; it will be a fun opportunity for our seniors and the community.

Taylorsville will be working with Story Crossroads to host a story telling workshop the last week of February in 2017. We have many members that love telling stories and feel this would be a great opportunity for them to build upon their skills whether for personal story telling or performing for others. The class will be held February 22 – March 8. Then on March 9th Taylorsville Senior Center will host our own storytelling to allow those who participated in the class to perform for the seniors at the center.

# Report 2016

## Staff

Pauline McBride– *Manager*

April Torres– *CPA*

P.R. Banks–*Office Specialist*

Mae Dumas– *Kitchen*

*Title Five*

Moniquet Ntumba –*Kitchen*

Jean-Felix Tshimanga–*Program set up*

*Special Instructors*

Francis Rogers– *Yoga*

Robin Smith– *Yoga*

Bonnie Bown—*Line Dancing*

Mike Dusserre– *Tia Chi*

## Advisory Committee

Kelly Sullivan– *President*

Betty Hanneman—*Vice President*

Gail Young - *Secretary*

Anne Martin– *Treasurer*

Bobbie Lambert– *Fundraising*

Andrea Nelson– *Nutrition Rep*

Dan Jones, Olin Hardman—*Facility / Nutrition Rep*

Valerie Leafy, Connie Rennemann- *Decorations*

Gladys Ward– *Entertainment*

Lillian Brito-*Trips*

Virginia Watts—*Greeter*

Jean Mackay & Barb Duel - *Special Events*

Y.T.D. Revenue- \$20,535.96

Y.T.D. Expense- \$20,474.92

## Statistics for Jan 1—Nov 30th

**Recreation Attendance-** 4,141 about the same as last year at this time.

**Recreation Units-** 50,814 increased 7% from last year at this time

**Number of Rides-** 4,747 increased 20% from last year

**Meals Ordered-** 15,468 increased 6% from last year

**Meal Participants-** 2,436 increased 6% from last year

**Meal Served-** 15,170 increased 2.9% working to improve our meals ordered to limit waste. Our goal is each participant is able to receive 1 meal a day.

**Number of Active Volunteers-** 108 increased by 24 individuals

**Total Volunteer Hours-** 9,924 decreased by 13% part of that decrease is due to having a consistent kitchen staff and working with the Title V program. But we can always use volunteers.

# Report 2016

## Statistics for Jan 1—May 31st

Evening ESL Class — Currently we are serving  
16 Sudanese Senior Refugees  
2 Hispanic Seniors

We have contracted through the state to help fund the program for transporting the refugees from all over the county. Taylorsville transportation helps to transport those individuals within Taylorsville City. Through the State program we are able to do one time a month outings for the ESL Class, helping them become familiar with the community, as well as, have a hands-on experience with their learning.

## Demographic Breakdown

Current Active Members - 918	Male - 343
White - 668	Female - 573
African American - 30	Sex unknown - 2
Native American - 7	Age less than 55 - 16 (caregivers or children with special needs)
Asian - 36	Age 55-64 - 104
Hispanic - 58	Age 60+ - 879
Multiracial - 2	Age 75+ - 410
Unknown - 103	Age 85+ - 119

# Activities & Events

## Presentations

Health Promotions  
Educational  
Financial  
Fraud Prevention  
Nutrition

## Health & Exercise Classes

Tai-Chi  
Line Dancing  
Diabetic Support  
Lite and Tasty Cooking  
Yoga  
Stepping On  
Vital Aging Class  
Chair Aerobics  
EnhanceFitness®  
Walk Group  
Sit and Dance  
Resistance Training  
Open Fitness Room

## Trips

Monthly Wendover Trip  
Payson Fish Fry  
Walmart  
Dollar Tree  
Christmas Lights  
Magna Decathlon

## Activities

Bingo  
Billiards  
Bunco  
Crocheting  
Card Games  
Wood Carving  
Table Tennis  
Evening Parties  
Wii Bowling  
Mexican Train  
Movies  
Plastic Canvas  
Quilting  
Arts & Crafts  
Rummikub

## Special Events

Birthday Parties  
Buffets  
Tournaments  
Boutiques  
Holiday Meals  
Intergenerational Programs  
with schools  
Senior Voices

## Classes

Computer Classes  
Crocheting  
Basic Spanish  
Ceramics  
Plastic Canvas  
English as a Second  
Language Classes  
Utah History Class

## Clubs

Choir  
Harmonica  
Red Hat Ladies  
Daughters of the Utah  
Pioneers  
Book Club

## Services

Health Screenings  
Hair Care  
Legal Services  
AARP Driving Class  
AARP Tax Aide  
Podiatrist  
Massages  
Foot Baths

## Community Partners

AARP Defensive Driving  
AARP Tax Aide  
ADT  
Adult Protective Services  
Alpine foot & Ankle  
Applebees  
Aspen Senior Care  
Canyon Home Care & Hospice  
Chateau Brickyard  
Child Related Research  
Chick-Fil-Lay  
Chuck a Rama  
Columbus Shredding  
Costco  
Craig Lewis  
Crown Trophy

Domino's  
Five Star Home Care  
Fresh Market  
Golden Living  
Harmon's Grocery  
Harmony Home Health  
Heart & Soul  
Humana  
Huntsman Cancer Institute  
Independent Agent  
Job's Daughters International  
Jenkins Softe Mortuary  
Kennecott  
Kingsbury Hall  
Leatherby's  
Lebus

Legacy Village  
LensCrafters  
Majestic Meadows  
McDougal Funeral Home  
Medsource  
Ming Garden  
Moran Eye Center  
Plymouth View Housing  
Pre Need Funeral Services  
Rite Aide  
Salt Lake Community College  
Salt Lake County Community  
Sunridge Senior Care  
Resource and Development  
Senior Employment  
SereniCare

Silverado Hospice  
Simply Seniors  
Taylorsville City  
Taylorsville City Library  
Taylorville Kearns Journal  
Teresa Peck  
Terriyaki Grill  
Texas Road House  
University Of Utah  
Utah State Bar  
Valley Behavioral Health  
Valley View Memorial  
Wells Fargo  
YMCA